

Restoration of Social Recreation Services



Accessing the Webinar

- The webinar is being recorded.
- ASL Interpreters will be on spotlight throughout the presentation. Depending on your device, this may mean that sometimes you may not see the presenter.
- This presentation will have English closed captioning, which you can access using the button at the bottom of the screen.
- Your video and audio will not be available. In webinar mode, you will only be able to see the interpreters and presenters.
- Chat is not active for attendees.
- Questions may be asked by accessing the Q&A feature. The questions will be recorded and responses will be provided on a later date via website posting.
- Features will vary based on the version of Zoom you are using. Some features like polling are not available for phone users.

What is ARCA?

- Association of Regional Center Agencies (ARCA)
 - Twenty-one independent nonprofit regional centers
 - 42-member Board of Directors
 - Lanterman Developmental Disabilities Services Act





Opening Remarks

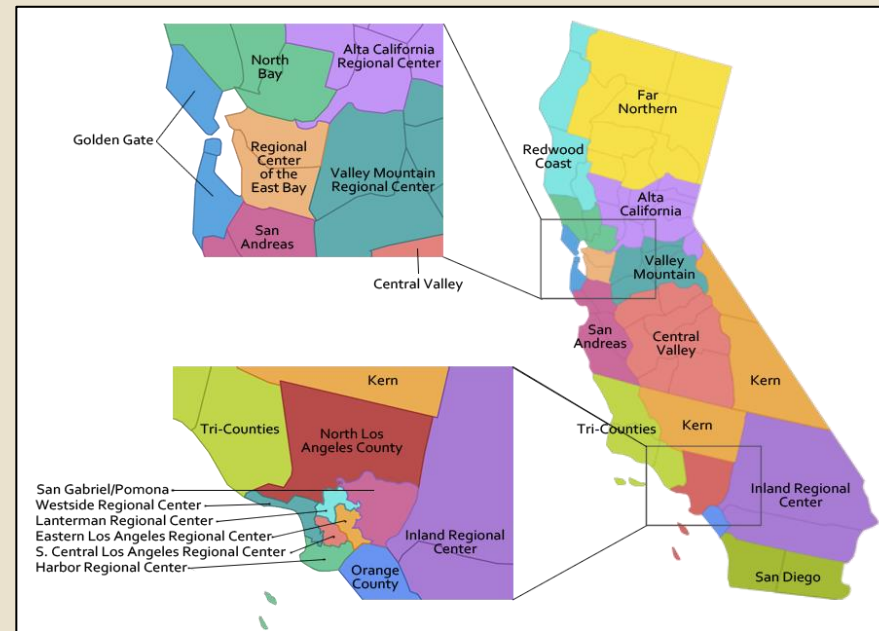


Agenda

- Welcome and Introductions
- California's Regional Center System
- Social Recreation Services Restoration
- Parent Perspective
- Participant Perspective
- How to Start Social Recreation Services
- Conclusion

California's Regional Centers

- 21 regional centers
- 400,000 people served
- Independent non-profits
- About ½ Adults and ½ Children



California's Regional Center System

- Where Services Start (Point of Entry)
 - Intake Departments
 - Lifelong Planning
- Service Providers (Contractors)
 - Lifetime services and support.
 - Fully Integrated Lives

What is a Developmental Disability?

- Developmental Disability
 - Intellectual Disability
 - Autism
 - Cerebral Palsy
 - Epilepsy
 - 5th Category
- Before 18th Birthday
- Expected to Continue
- Substantial Disability

Regional Center Services

- Eligibility Tests
- Find Services
- Case Management
- Home and Work
- Trainings

What are Social Recreation Services?

- Social Recreation Services
 - Increase inclusion in their communities
 - Strengthen social skills
- Community Based Services
- Individualized Services

Are Social Recreation Services new?

- In 2009, California law suspended the services.
- Beginning July 1, 2021, services were restored.
 - Impact on underserved communities
 - Greater equality in social recreation participation
 - Diversity, equity, and inclusion in social recreation participation

Are Social Recreation Services the same as they used to be?

- The federal government helps pay for services regional centers purchase.
 - Centers for Medicare and Medicaid Services (CMS)
 - Home and Community-Based Services (HCBS) Final Rule
- Community Based (Inclusive)
- Compliant Programs

Who provides Social Recreation Services?

- Public or private organizations
 - Includes cities, parks, churches, or schools
- Existing regional center service providers
- Others who want to help support community participation
- New Social Recreation Service providers

Camp

- Increased Confidence and Independence
- Activity and Exercise
- Build Relationships
- Positive Role Modeling by Adults
- Break for Parents

Camp - Things to Consider

- What do you want to do?
 - Specific Activities
- Same gender?
- Mainstream camp?
- Overnight?

How do Social Recreation Services work?

- Vendorization process
 - Regional centers contract with providers who meet the standards required in law.
- Provider contracts with the regional center serving the area where the service is provided.



What does an inclusive program look like?

- Individuals with IDD often are not treated equally
- Institutions
- Exclusion from schools, jobs, and social life
- Services still segregate and isolate individuals

What does an inclusive program look like?

- Welcomed and included in all aspects of our society. American Association on Intellectual and Developmental Disabilities (aaidd)
- “Inclusion involves **practices and policies to identify and remove barriers.** Centers for Disease Control and Prevention (CDC)

What is inclusion?

(American Association on Intellectual and Developmental Disabilities-aaidd)

- Children should have the opportunity for:
 - Family
 - Supports
 - Nurturing Relationships
 - Friendships
 - General education classroom
 - Same activities as children without disabilities

What is inclusion?

(American Association on Intellectual and Developmental Disabilities-aaidd)

- Adults should have the opportunity for:
 - Relationships of their own choosing
 - Live in a home where and with whom they choose
 - Supports
 - Meaningful work (Inclusive)
 - Inclusive Recreation

Parent Perspective

- **Patricia Albeño**
- **17-year-old individual with Autism**

Swim and Gym

YMCA





Swimming VIDEO

Special Olympics

Ice Skating

Oakland Ice Center Special Skaters





Ice Skating VIDEO

Oakland Ice
Center
Special Skaters



Ice Hockey VIDEO

Oakland Ice Center
Special Hockey

USA Hockey
Disabled Hockey
Festival



Gymnastics





Soccer @ AYSO VIP Soccer



Dragon Boating

VIDEO

Track & Field

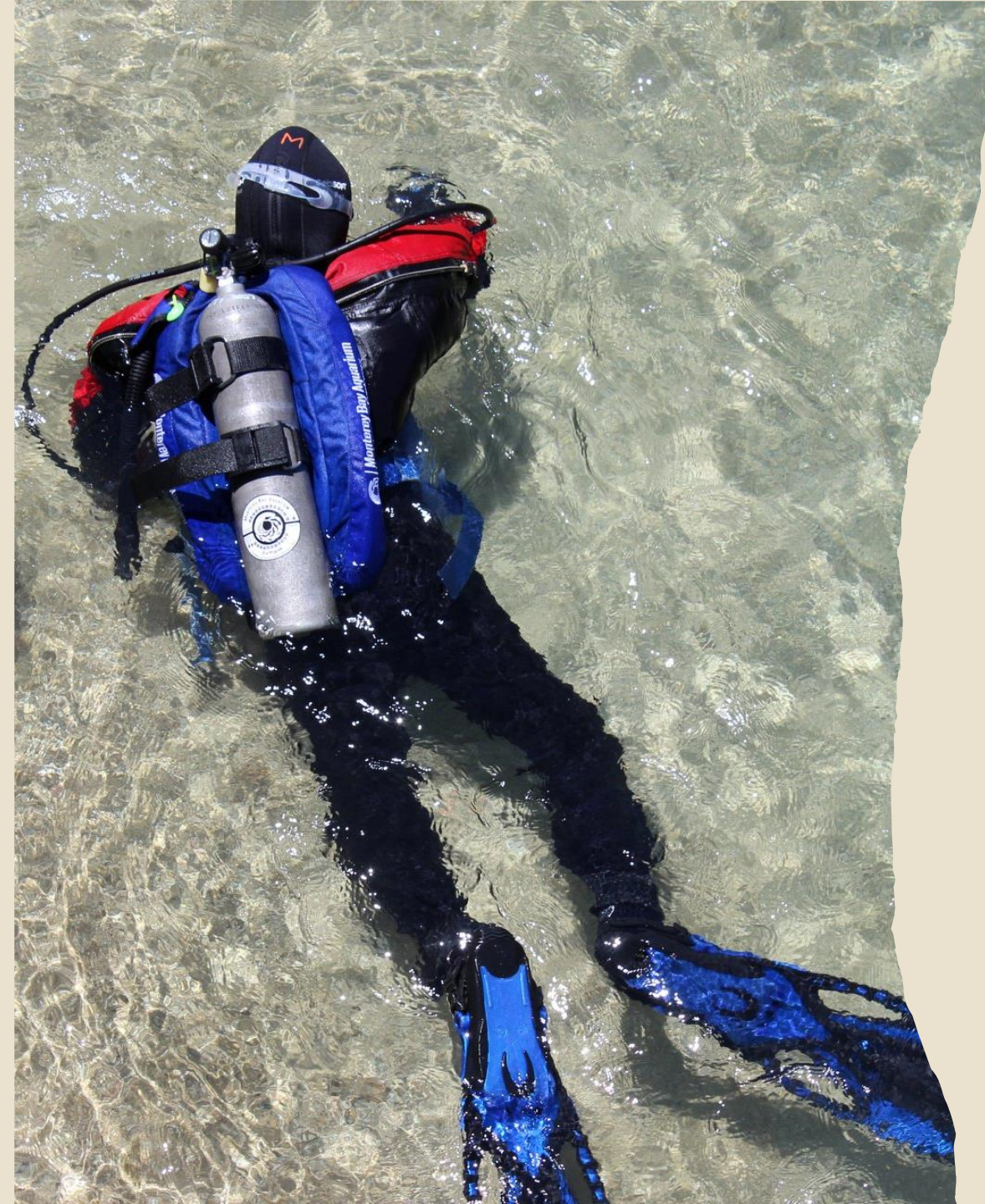


Basketball



Fishing





Scuba Diving

Day of Discovery

Aikido



Surfing

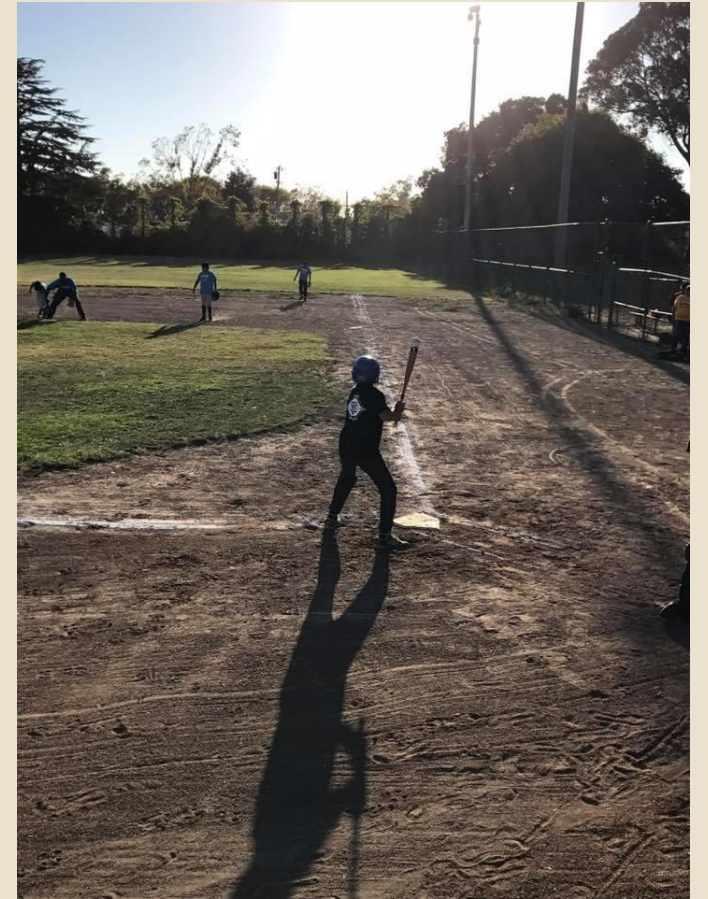


Waves of Impact – Santa Cruz

Baseball



Challenger Baseball
Little League City Program



Jr. Giants
City Program

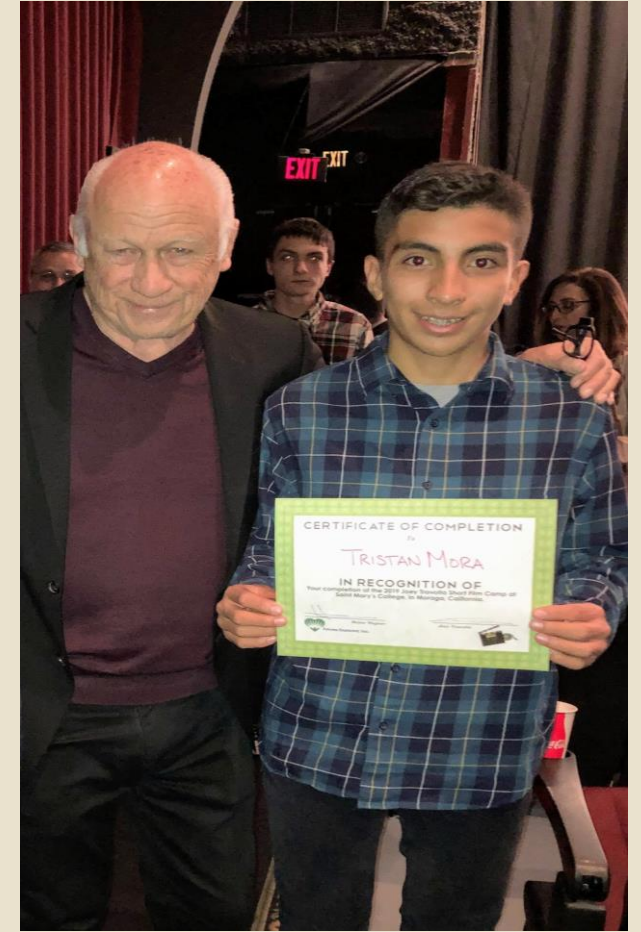
CAMPS



Autism Family Camp
Camp Arroyo



Camp Krem

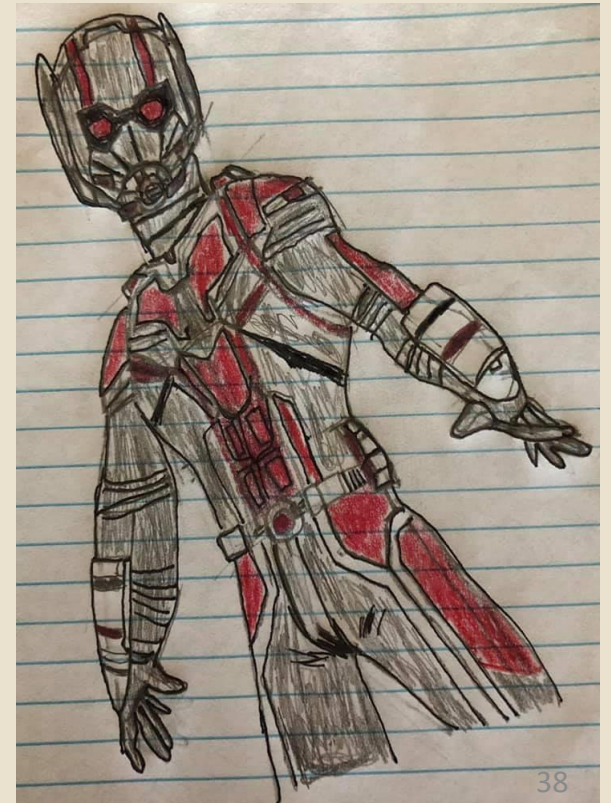


Film Camp
Futures Explored³⁶

Hiking



Drawing



Photography



CERAMICS





CRISTHIAN JONATHAN

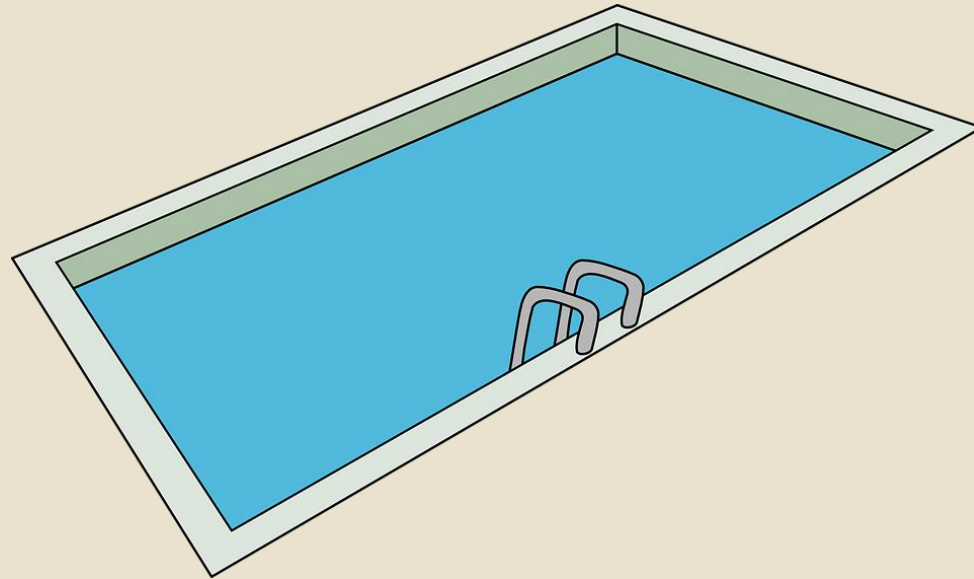
ORELLANA

18 AÑOS



Swimming

Since 2008, my parents enrolled me in swimming classes, which helped me improve my health and lose weight. In addition, it has helped me to socialize and communicate with other people. My parents paid for me to learn to swim and I succeeded.



Film Camp

Since 2015, I had the opportunity to participate in a program called Inclusion Films created by Joey Travolta. In this program I have learned everything about the process of making a film, producing, editing and above all acting - which I am very passionate about. Also, I have met many people at the camp each year. I really like going, learning and above all enjoying what we do.



How do I start Social Recreation Services?

- Contact your regional center Service Coordinator (SC)
- Individual Program Plan (IPP)
- Be prepared to talk about how Social Recreation Services will help you meet your goals, and how they are related to your disability.

Conclusion

